

disability
positive

presents

No Limits

Showcasing opportunities and support
for people with lived experience of disability and
long-term health conditions



Saturday 26th April 2025



12-4pm



Northwich Memorial Court (Brio Leisure)
Chesterway, Northwich, CW9 5QJ

**Entertainment, talks, information stalls
and much more**

Supported by:



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Welcome!

We're so pleased to be hosting our eleventh No Limits event, showcasing opportunities and support for people with lived experience of disability and long-term health conditions, and their families.

For 2025, we've changed the layout of the event, moving our talks into the bar area to make sure that you can give our speakers your full attention away from the buzz of the main hall.

Our brilliant line up has been designed to inspire, motivate and amplify the voices of disabled people. Our guests will be championing inclusion, promoting independence, and sharing the fantastic variety of talent and skills in our community.

Exhibitor stands will be open throughout the day, and I hope you'll also be able to join us for our programme of community performances on our main stage later this afternoon.

Today is about representation and celebrating the fact that with the right opportunities and support, there really are No Limits!

Thank you for your support and I hope you enjoy the day,

Lynne Turnbull

Chief Executive Officer, Disability Positive

Accessibility

We have a dedicated quiet space located next to the café area for anyone who needs to use it. For more information, please speak to a Disability Positive staff member.

Noise levels will be monitored throughout the event, but if you require the use of ear defenders we recommend bringing them with you.

A walkthrough video of last year's event is available to view at <https://disabilitypositive.org/no-limits-event-2025/>

BSL Interpretation for No Limits 2025 is provided by Deaf & Sensory Network.

Disability Positive staff will be taking photos during the event for promotional use. If you do not wish to be included, please visit our welcome desk to collect a coloured sticker.



Our 2025 line up

Jamie McAnsh

This year's keynote speaker is Jamie McAnsh.

Jamie is a disabled adventurer and award winning athlete who woke up paralysed in 2014 and was diagnosed with CRPS (Complex Regional Pain Syndrome) Jamie was the first person with CRPS to reach Mount Everest Base Camp on crutches.



Down Syndrome Cheshire

Down Syndrome Cheshire empower people with Down syndrome to live the life they choose. They empower people of all ages with Down syndrome to unlock their potential and lead happy and fulfilling lives by changing perceptions, creating opportunities and educating the wider community.



Deesign BSL Choir

Dee Sign Choir is one of the original signing choirs in the UK. Established in 1997 and based in Chester, they have spent the past 26 years enthraling audiences with a broad repertoire of pop songs, favourites from the musicals, and Christmas songs and carols.



Cheshire Autism Practical Support (ChAPS)

ChAPS supports individuals with autism and empowers parents and carers of children and young people with autism. They offer practical support and services across Cheshire and surrounding areas for all families with children and young people with autism, whether you have a diagnosis or not.



Dogs for Good

Dogs for Good train dogs to help people affected by disability, dementia, autism and other mental-health challenges to live happier, healthier, more independent lives. Dogs for Good service user Linda will be talking about her life with assistance dog Poppy.



Vivo Care Choices' Makaton Choir

Makaton is a unique language programme that uses symbols, signs and speech to help people communicate.

The Makaton Choir uses Makaton in all its performances and is made up of Vivo staff and people with learning disabilities and autism who access Vivo Care Choices' services.



And thank you to all our exhibitors for once again supporting No Limits. See programme insert for further exhibitor information.

What to expect

12pm	Event opens	
12.15-12.25pm	Welcome from Lynne Turnbull CEO, Disability Positive	Main Hall
12.30-12.50pm	Keynote speech delivered by Jamie McAnsh	Bar Area
1:00-1.20pm	Dogs for Good talk and demonstration	Bar Area
1.30-1.50pm	Cheshire Autism Practical Support Q&A	Bar Area
2.10-2.40pm	Performance by the Makaton Choir	Main Hall
2.50-3.10pm	Performance by Down Syndrome Cheshire	Main Hall
3.20-3.45pm	Performance by Deesign BSL Choir	Main Hall
4pm	Close	

As well as our fantastic line up, No Limits 2025 also includes facepainting and arts and crafts activities for children to enjoy. The Brio Café will also be open throughout the afternoon to purchase food and drinks.

Thank you to Cheshire West and Chester Council, Northwich Town Council and EET Fuels for supporting No Limits 2025.

